

# MADE IN HIS IMAGE



Safe Environment Curriculum  
Grade 6

Diocese of Steubenville

# MADE IN HIS IMAGE

## A SAFE ENVIRONMENT CURRICULUM

### INTRODUCTION AND OVERVIEW

MADE IN HIS IMAGE is focused on the fundamental belief that **each person is made in the Image of God and therefore deserves to be respected**. The curriculum is rooted in a Catholic understanding of the human person (including human sexuality) as taught by the Magisterium. Educators using these materials must form themselves according to the principles taught by the Church.<sup>1</sup>

MADE IN HIS IMAGE proceeds from the conviction that **parents are key to the safety of children and youth**. When children are younger, parents are called to take on a very active role in providing a safe environment for their children, in discerning risks involved in any given situation or relationship, and in assisting their children in discerning the various challenges they are presented with as they grow and develop. As children mature and proceed into adolescents the role of parents, although different, is still essential. While attempting to offer insights and information to adolescents, MADE IN HIS IMAGE also seeks to promote the sacred relationship between parents and their children, encouraging both parents and children to develop, maintain and deepen communication between them. MADE IN HIS IMAGE is intended to **supplement** the education provided by parents, and to **assist** parents in their task of educating and protecting the children entrusted to their care.

*MADE IN HIS IMAGE follows a set pattern and strategy:*

### 1. Information for Parents

Each lesson is preceded by a letter sent home to the parents.<sup>2</sup> Intending to respect their role as ***primary educators and protectors of their children***, this letter informs parents about the topics being addressed, providing the scope of the content covered, and offering them the opportunity to withhold their children from this instruction if they so wish. Explaining that classroom activities are only intended to serve as a supplement to the primary education in this area that takes place at home,<sup>3</sup> the letter also serves as an invitation to parents to embrace their role as primary educators and protectors of their children by providing additional information and resources that they can use to ***instruct*** their children, and ***engage them in dialogue*** in this delicate area.

---

<sup>1</sup> See *Guiding Principles from Church Documents for Addressing Sexuality and Sexual Abuse* from the Diocese of Steubenville Safe Environment Program.

<sup>2</sup> "It is clear that the assistance of others must be given first and foremost to parents rather than to their children" (*The Truth and Meaning of Human Sexuality*, 145).

<sup>3</sup> See *Guiding Principles from Church Documents*, 48.

## 2. Prayer and Catechesis

Each lesson begins with prayer which is followed by a catechetical lesson that seeks to instill in the students a greater sense of *God's love for them*, and the *inviolable dignity* that each and every person enjoys since they are made in the image of God. MADE IN HIS IMAGE is, in essence, a catechesis on the *Church's vision of human dignity* with very *practical implications* about the *choices* that we make.

## 3. Moral Formation

Each lesson seeks to assist students in understanding the importance of *making good choices*, as well as the *consequences* that follow from the decisions that we make.<sup>4</sup> Students learn the basic concept that *virtuous living leads to freedom whereas and sin leads to unhappiness*.

## 4. Safety Information

Following the discussion on making choices, and flowing from it, students engage in activities that seek to instill *basic safety guidelines* in them. They are encouraged to make choices that protect their safety and the safety of others, and to reach out for help when they have experienced abusive behavior or feel unsafe.

## 5. Health Friendships and Relationships (Grades 4 – 12)

Formation in healthy friendships and relationships is an integral component of MADE IN HIS IMAGE. Students explore the *difference between healthy and unhealthy relationships* in order to become aware of negative (and possibly harmful) influences in their lives, and to promote healthy relationships that will assist them in living according to God's design.<sup>5</sup>

## 6. Communication

Each lesson concludes with a reflection on the *role of parents*. Students are challenged to see their parents as gifts from God, and to recognize that they play a vital role in keeping them safe and helping them to become who God has created them to be. Students are encouraged to work to *develop and maintain open lines of communication with their parents*.

MADE IN HIS IMAGE was written and illustrated by Joseph and Christine Schmidt.

---

<sup>4</sup> "In accomplishing her mission the Church has the duty and the right to take care of the moral education of the baptised" (*Educational Guidance in Human Love*, 108).

<sup>5</sup> "Children, adolescents and young people should be taught how to enter into healthy relationships with God, with their parents, their brothers and sisters, with their companions of the same or the opposite sex, and with adults." (*The Truth and Meaning of Human Sexuality*, 53).



Diocese of Steubenville  
Safe Environment Program

## ***WHAT CAN PARENTS DO TO PROTECT THEIR CHILDREN?***

### ***Ten action steps for keeping children safe.***

- 1. Spend time** with your children; develop **open** and **honest** lines of communication.

*Many argue that the greatest defense against child abuse is the healthy relationship between parent and child itself. Simple information is not enough. Children need the ongoing guidance of their parents to assimilate and apply the information they have learned, as well as to process and deal with the various situations they will encounter in their lives.*

- 2. Teach** your children that they are **loved by God**, have infinite value, and they deserve to be respected. **Model respect** in the way you speak and act. Visibly live out your faith.

*Children learn behavior patterns mostly by example. When parents model civil and respectful behavior by their own words and actions, children learn the proper way to treat other people, and the way they themselves should be treated by others.*

- 3. Teach** your children **safety rules** that you want them to follow.

*Don't simply rely on safety programs or classroom lessons in school or youth programs. Parents need to make safety rules part of their family life. A failure in this subject is more serious than a letter on a report card.*

- 4. Use "teachable moments"** to reinforce and apply safety rules.

*Take passing opportunities to challenge your children to apply your safety rules. On a shopping trip to the mall, you might ask: "What would you do if we got separated in the mall?" or "What would you do if that man over there asked you to help him carry his shopping bags?" etc.*

- 5. Talk** to your children about the choices they face day to day. Offer them **guidance** as they try to make various decisions. Help them to **process** their thoughts and feelings.

*Patiently talking about day to day choices with your children will help them to develop good thinking skills, as well as enhance your relationship. Children are not equipped to deal with all the dangers surrounding them in our often unsafe world. They need trusted adults (especially parents) who can help them navigate through the difficulties of growing up. This is crucial when faced with potentially abuse situations.*

*"There is no foolproof profile of an abuser or his strategies. Education cannot adequately prepare children for the variety of locations, strategies and approaches used by offenders. The danger of sexual abuse is far too pervasive to expect that children can be taught through child-empowerment programs to recognize and protect themselves from offenders. This is particularly obvious when considering that too often parents are disarmed by the benign appearance of the offender and failing to recognize the danger to their children, invite the offender into their home."<sup>6</sup>*

<sup>6</sup> To Protect and Prevent: The Sexual Abuse of Children and Its Prevention, The Catholic Medical Association, pages 16-17.

**6. Listen** to your children. **Pay attention** to their behaviors and attitudes. Be vigilant about anything suspicious that might point to a problem.

*In the vast majority of sexual abuse cases, the sexual offender is not a stranger, but rather someone who is known to the victim and the victim's family. And whether the offender is a family friend, a relative, a teacher, or some other person, they often will try many tactics (including lies, manipulation, and force) to keep the abuse secret. Parents need to be vigilant.*

*"Look and listen to small cues and clues indicating something may be troubling your children, because children are not always comfortable disclosing disturbing events or feelings. This may be because they are concerned about your reaction to their problems. If your children do confide problems to you, strive to remain calm, noncritical, and nonjudgmental. Listen compassionately to their concern, and work with them to get the help they need to resolve the problem."<sup>7</sup>*

**7. Be involved** in your child's life. Know their teachers, coaches, and other adults that work with them. Know their friends. Know where they spend their time. Be vigilant and cautious about the people in your child's life, without being paranoid or overbearing.

*Let's face it. Children (and teens) often will make foolish mistakes. They will put themselves in situations where they can get hurt. And they can often be deceived by people that want to manipulate, use and hurt them. When it comes to safety, there is no substitute for the careful vigilance of loving parents.*

**8. Be vigilant** with your children's **media use**. Be sure your children know safety rules for using the internet, texting, social networking, playing video games, etc.

*The tools, devices, and services for media use have increased dramatically in recent years. While this is positive in many ways, these new methods of getting connected also pose many new threats, especially to the young. Statistics about exposure to pornography, outright sexual solicitation and cyberbullying demonstrate the need to be vigilant.<sup>8</sup> The reality is that **the internet is the biggest threat facing your child right now – and the access your child has to the internet is staggering**. Parents need to be educated and vigilant when it comes to internet safety. The good news is that great resources are available for parents. [Netsmartz.org](http://Netsmartz.org) is an excellent source to become familiar with the risks associated with various media devices and sources, as well as the steps parents can take to ensure the safety of their children.*

*Another danger that is often overlooked by parents is **video games**. Video and computer games are everywhere. Many of them involve innocent entertainment and learning. But a great number (and more than you might think) involve **extremely graphic displays of violence and sexuality**. In many of the most popular games the players are often encouraged (and even rewarded in the game) for brutal displays of violence, even sexual violence. Parents are strongly encouraged to learn about the dangers of video games and monitor their child's exposure to them. *Plugged In* ([www.pluggedin.com](http://www.pluggedin.com)) is excellent source for reviews from a Christian perspective of a great variety of games, movies, music and more.*

**9. Don't be afraid to ask for help** when you need it! Teach your children that it's okay to ask for help.

**10. Don't forget to pray!**

*Pray alone and pray together. Ask the Lord to protect your children. Ask Him to strengthen your faith and the faith of your family. Ask Him to teach you to be a good parent, and to make your marriage and family healthy and holy.*

***Don't underestimate the power of God's grace!***

Prepared by Joseph A. Schmidt, MAT  
Marriage Ministry Coordinator, Office of Family and Social Concerns

Revised 2014

<sup>7</sup> "Know the Rules: General Tips for Parents and Guardians to Help Keep Their Children Safer," National Center for Missing and Exploited Children.

<sup>8</sup> <http://www.internetsafety101.org/Pornographystatistics.htm>

# MADE IN HIS IMAGE

## A Safe Environment Curriculum

- Grade 6 -

### THEME:

“God made us in love. We need to act in ways pleasing to Him.  
God gives us special people in our lives (parents/guardians) to help us be happy and safe.”

### 1. PRAYER: Our Father

### 2. CATECHESIS: God and Us

#### Objectives

- ✓ The students will recognize that they should be treated with love and respect because they are made in the very image of God.
- ✓ The students will come to a deeper understanding of God’s love for them.
- ✓ The students will review some examples of respectful behavior and disrespectful behavior.

Every person, from the first moment of his life in the womb, has an inviolable dignity, because from all eternity God willed, loved, created, and redeemed that person and destined him for eternal happiness. If human dignity were based solely on the successes and accomplishments of individuals, then those who are weak, sick, or helpless would have no dignity. Christians believe that human dignity is, in the first place, the result of God’s respect for us. He looks at every person and loves him as though he were the only creature in the world. (YOUCAT, #280)

**Teaching the Lesson** (NOTE: The text printed in **bold** can be read to the students.)

- Begin with the activity page. Have each student complete as individuals or in pairs.

⇒ ACTIVITY: COMPLETE THE QUOTE – SEE PAGE 11

- Once the students have completed the activity, or an appropriate time has passed, have someone read the entire quote.
- This is an amazing statement! There is so much pack into this one statement. Let’s look at each part.**
- First point: When do we have to respect people? Right from the beginning in the womb. So, even before someone is born, we have to respect and cherish them!**
- YOUCAT uses the term “inviolable dignity.” What in the world does that mean?** Let the students try to figure it out, and help them to see that it’s just a fancy way of saying that every person has value and worth that can never be taken away.
- This next part is really amazing: “...from all eternity God willed, loved, created, and redeemed that person and destined him for eternal happiness.” Just think about this for a moment. From all eternity...God thought about YOU...He loved YOU...He chose to create YOU...And He even planned to redeem YOU to save you from your sinful choices. And if that wasn’t enough, He did it all so that YOU could live with Him in complete happiness forever in heaven.**

- God is so awesome! His love for us is so amazing!**
- The quote goes on to explain the importance of our dignity coming from God. What would happen if our value and worth was based on our accomplishments, our talents, our income, or even on the family we belonged to? Let the students answer, but help them to see that some people would not have value. Those people would be looked down on, mistreated and perhaps even killed.**
- Our faith teaches us that we are created in God’s image and loved by Him. Every single person on the face of the earth has a value and worth that comes from that fact.**
- Never think that it’s okay for someone to hurt you, or say cruel things to you, or to touch you in ways that make you feel bad, or ask you to do things that make you feel uncomfortable.**
- If this has ever happened to you know that it’s NOT YOUR FAULT! Be sure to talk to your mom or dad, or another trusted adult, about this as soon as you can.**
- You are God’s treasure! God made you in His image and you deserve to be respected!**

### 3. MORAL FORMATION: Making Good Choices

<p><b><u>Objectives</u></b></p> <ul style="list-style-type: none"> <li>✓ The students will recognize that we should always act in ways pleasing to God.</li> <li>✓ The students will discover that we need to do what is right in order to be happy.</li> </ul>
---



**Teaching the Lesson** (NOTE: The text printed in **bold** can be read to the students.)

- If we are made in God’s image we should be respected by other people, right? We should also treat others with respect.**
- But, being made in the image of God, and being loved by Him, also means that we need to act like Him. We need to make good choices that flow from our dignity.**

⇒ ACTIVITY: HAPPINESS AND SIN – SEE PAGE 12 (See page 17 for a time-saving answer key!)

- Give each student a copy of the activity. It would be best to have the students work in small groups or teams for this activity because it is challenging.
- Once they have completed the activity, or an enough time has passed, review the answers with them.
- Here’s the deal: God loves you and wants you to be happy. But God knows that some things are wrong and He doesn’t want you to do them.**
- Despite what our culture teaches, doing what’s wrong will not make you happy. It might make you feel good, at least for a while, but it won’t make you happy. Deep down, you’ll know that something is wrong.**
- This is what sin is all about! We commit a sin when we do something we know is wrong, something that goes against God’s laws or the Church’s teachings.**
- If we want to be happy we need to do what’s right. God gives us laws so that we know right from wrong. Our parents also give us rules to help us obey God’s laws.**
- God wants you to be happy. When we listen to God and the Church, and do what’s right, it helps us to be happy.**

#### 4. SAFETY INFORMATION: Promoting Safe Choices

##### Objectives

- ✓ The students will recognize that making good choices helps to keep them safe.
- ✓ The students will review basic safety rules.

**Teaching the Lesson** (NOTE: The text printed in **bold** can be read to the students.)

- Making good choices helps to keep us safe.**
- Give each student a copy of the activity page and ask them to answer the questions. After a few minutes, go over the answers together.

⇒ ACTIVITY: BE SAFE – SEE PAGE 13 (See page 16 for a time-saving answer key!)

#### 5. RELATIONSHIPS: Promoting healthy friendships and relationships

##### Objectives

- ✓ The students will recognize that God made them to be in relationship with other people.
- ✓ The students will identify some of the qualities of healthy friendships and relationships.

**Teaching the Lesson** (NOTE: The text printed in **bold** can be read to the students.)

- We all have friends and family member we love.**
- The Bible has something to say about how we should treat these people, and about how they should treat us.**
- St. Paul gives us the best description of love in one of his letters. People have been reading and thinking about what he wrote for 2,000 years!**

⇒ ACTIVITY: HIDDEN MESSAGE – SEE PAGE 14

- Once the students have completed the activity, challenge them to use what it teaches as a basis forming their friendships.
- Consider asking the students: **Is this what your friendships are like? How could you live more like this?**

## 6. COMMUNICATION: Fostering Communication with Parents and Guardians

### Objectives

- ✓ The students will recognize that God gave them their parents (or guardians) to love them, teach them and keep them safe.
- ✓ The students will recognize the importance of strengthening their relationship with their parents or guardians by talking to them about the things that happen to them on a day to day basis.
- ✓ The students will realize the importance of telling their parents if anything happens to them that makes them feel uncomfortable or scared.

**Teaching the Lesson** (NOTE: The text printed in **bold** can be read to the students.)

- As you grow up, you're going to be faced with more and more pressures and temptations.**
- Some of you may already be dealing with crazy things at school or home.**
- God gives each of you people in your life that love you deeply, and want to help you. Talk to your mom or dad, or whoever takes care of you, about the pressures and temptations you are facing! Your relationship with them is so important!**
- Some teens really struggle with their parents. Maybe you don't feel like they understand you. Maybe you feel like they are too strict. But, your relationship with them is more important than you realize. And having an open and honest relationship with them will serve you immensely throughout your teen years.**
- So I want to CHALLENGE you to work on developing a strong relationship with your mom and dad, or whoever takes care of you.**
- It takes work to do this, and a lot of patience, but it's worth it!**

⇒ ACTIVITY: IT'S A LOT TO DEAL WITH – SEE PAGE 15 (See page 18 for a time-saving answer key!)

## 7. REVIEW

- Read the theme for the lesson to the students.
- Review the key points in each section.

## 1. ADDITIONAL RESOURCES

- INTERNET AND MEDIA SAFETY:
  - The National Center for Missing and Exploited Children has produced an excellent resource for internet and media safety: [www.netismartz.org](http://www.netismartz.org). A variety of FREE resources are provided for students, parents and educators.
- START TALKING! *Building a Drug Free Future*
  - A new effort is underway across Ohio to prevent drug abuse. The Catholic Bishops of Ohio [issued a statement](#) about the initiative. “*Start Talking* is a program designed by the state of Ohio to help equip families and communities to clearly communicate the important message of drug prevention,” the Bishops said. “We support this critical initiative and we encourage Ohioans to visit [www.starttalking.ohio.gov](http://www.starttalking.ohio.gov) for details.”
  - Among the resources available is an email newsletter for educators. Their website explains: “Teachers are powerful influencers in their students’ lives. What is shared in the classroom can positively impact a child’s decision not to use alcohol, tobacco, marijuana or other drugs. Teachers have an incredible opportunity to guide students toward making healthy, drug-free lifestyle choices. That is why Drug Free Action Alliance created TEACHable Moments, which are specially designed tips for educators, sent out via email twice monthly for FREE. They contain news that teachers can use to get those critical prevention talks started in the classroom.” Learn more at [www.starttalking.ohio.gov/SchoolLeaders.aspx](http://www.starttalking.ohio.gov/SchoolLeaders.aspx)

# COMPLETE THE QUOTE

**DIRECTIONS:** Below is a quote about human dignity from YOUCAT, the Youth Catechism of the Catholic Church. Complete the quote using the word bank.

"Every \_\_\_\_\_,  
from the first moment of his life in the \_\_\_\_\_,  
has an inviolable \_\_\_\_\_,  
because from all eternity \_\_\_\_\_  
willed, loved, created, and redeemed  
that person and destined him for eternal \_\_\_\_\_.  
If human dignity were based solely on  
the \_\_\_\_\_ and \_\_\_\_\_ of individuals,  
then those who are \_\_\_\_\_, \_\_\_\_\_,  
or helpless would have no dignity.  
\_\_\_\_\_ believe that human dignity is,  
in the first place,  
the result of God's \_\_\_\_\_ for us.  
He looks at every person and \_\_\_\_\_ him  
as though he were the \_\_\_\_\_ creature in the world."

(YOUCAT, #280)

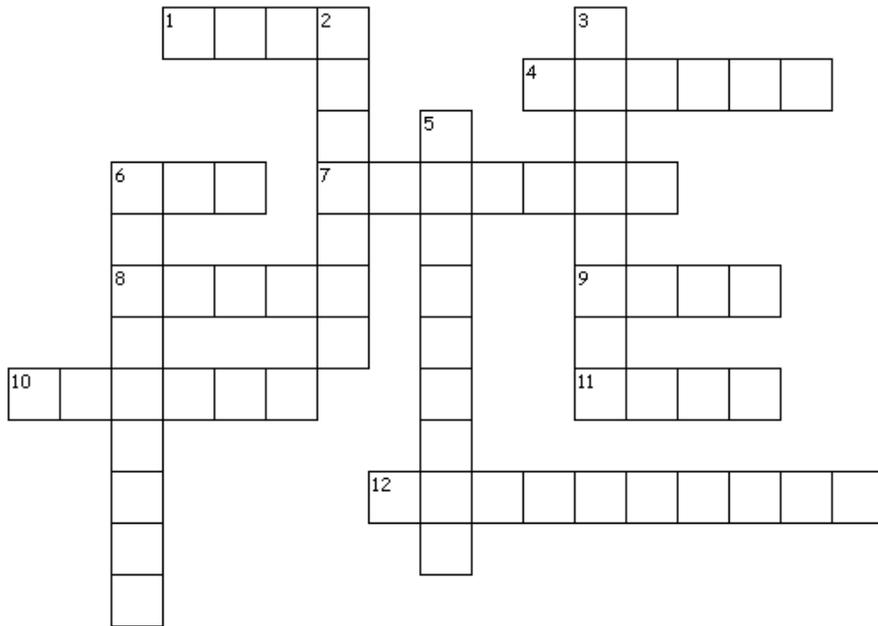
accomplishments  
Christians  
dignity  
God

happiness  
loves  
only  
person  
respect

sick  
successes  
weak  
womb



# BE SAFE!



## ACROSS

1. Don't be afraid to ask for \_\_\_\_\_ when you need it!
4. No one who truly cares about you would ask you to keep a \_\_\_\_\_ from your parents.
6. Never get close to a stranger's \_\_\_\_\_.
7. Be a good \_\_\_\_\_ for other students by making good choices and being safe.
8. If you have to be out at \_\_\_\_\_, be especially cautious with cars since drivers may have difficulty seeing you. It's best to wear light colors at \_\_\_\_\_.
9. Never leave your full \_\_\_\_\_ on the greeting of your voicemail.
10. Whenever you go anywhere be sure to go with an adult or a \_\_\_\_\_. It's safer to not be alone.
11. If someone talks to you in ways that make you feel uncomfortable, tell them to \_\_\_\_\_. If they don't listen, talk to your parents or another trusted adult. No one has the right to treat you disrespectfully.
12. Always report anything that seems \_\_\_\_\_ to your parents, teachers or some other adult in charge.

## DOWN

2. Never leave without checking with your \_\_\_\_\_.
3. Trust your \_\_\_\_\_ when you feel nervous or scared about a situation. Don't just go along and do something you will regret.
5. Don't join in with your friends if they do something \_\_\_\_\_.
6. Be \_\_\_\_\_ about yourself. Your worth and dignity come from God's love for you and that will never change.

# HIDDEN MESSAGE

We all have friends and family member we love dearly. Did you know that the Bible has something to say about how we should treat these people?

Find the hidden message below by writing the letters in the spaces provided. Skip the Z's and Q's.

QLZOZVQEQIZSQZPZQAQZTIQEZNTQLZQO  
ZZVQEZIQSZKZIQQNZDQZQZZIZTQDZOZQ  
EZSQNZZOTQEZNVZYQIZQTZDZOQZEZSQN  
ZOQTBOQAZSZTZIQTZIQZSNZOQZTPZQR  
ZOQUZQDQIZQTZIQSQZNZZOQTZRQZQUZD  
QEIZQTQIZSQNZQOQTZSQEZLQFQISZZHQ  
IQTQIZSQNZOTEZASIQ LQYZAZZNQZGQE  
ZRQZEDZQIZZTQKZZEQEZQPQSNZZOQRQQ  
QZEZZCQOZQZRQDZOQQFQWZRZOZNQGQS

-----

-----

-----

-----

-----

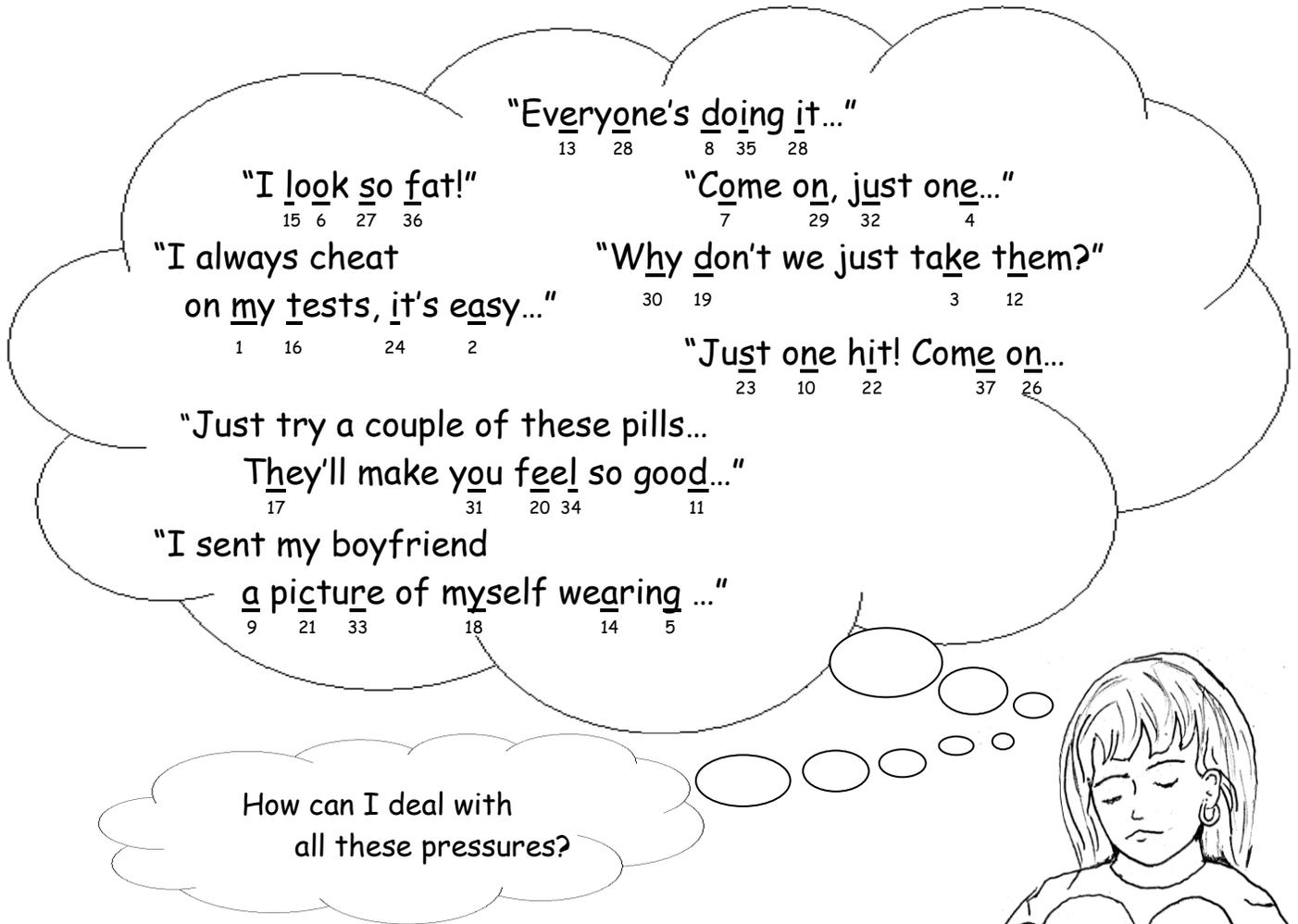
-----

-----

-----

-----

# IT'S A LOT DEAL WITH



One of the greatest gifts that God gives us is the people that He places in our lives - especially our parents. God has given your parents the task of protecting you and guiding you.

It's extremely important for you to talk to them when you are faced with situations where you feel unsafe, scared, worried, and unsure.

**DIRECTIONS:** Fill in the numbered letters to reveal the message.

**More than anyone else, they can guide you to ...**

1	2	3	4

5	6	7	8

9	10	11

12	13	14	15	16	17	18	

19	20	21	22	23	24	25	26	27

28	29

30	31	32	33

34	35	36	37

**Talk to them!**

# COMPLETE THE QUOTE

**DIRECTIONS:** Below is a quote about human dignity from YOUCAT, the Youth Catechism of the Catholic Church. Complete the quote using the word bank.

“Every person  
 from the first moment of his life in the womb,  
 has an inviolable dignity,  
 because from all eternity God  
 willed, loved, created, and redeemed  
 that person and destined him for eternal happiness.  
 If human dignity were based solely on  
 the successes and accomplishments of individuals,  
 then those who are weak , sick ,  
 or helpless would have no dignity.  
Christians believe that human dignity is,  
 in the first place,  
 the result of God's respect for us.  
 He looks at every person and loves him  
 as though he were the only creature in the world.”

(YOUCAT, #280)

accomplishments  
 Christians  
 dignity  
 God

happiness  
 loves  
 only  
 person  
 respect

sick  
 successes  
 weak  
 womb

# HAPPINESS AND SIN

We are tempted in so many ways to turn against God and not follow His laws.

Movies, music, video games, commercials, billboards, people's actions and even their clothing so often give us subtle and bold messages:  
"Morals don't matter; just have fun!"

***But there is something  
that they don't tell you...***

**DIRECTIONS:** Rearrange the tiles below to reveal each message.

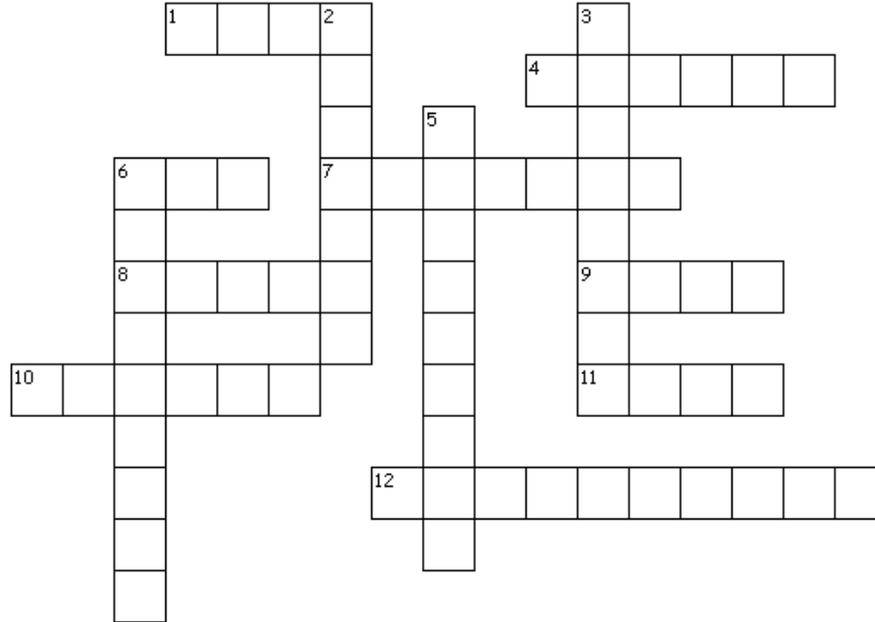
T	T	I	N	W	E	S	P	O	G	A	P	P	O	D	.	I	F
D	T	C	T	G	T	O	B	W	A	N	Y	,	S	I	N	W	E
W	A	Y	E	H	L	E	A	N	E	E	O	A					

I	F	W	E	W	A	N	T	T	O	B	E	H	A	P	P	Y	,		
		W	E	N	E	E	D	T	O	A	C	T							
I	N	W	A	Y	S	P	L	E	A	S	I	N	G	T	O	G	O	D	.

S	U	S	M	A	K	E	S	U	A	L	S	I	N
		N	H	A	.		W	A	Y	P	P	Y	

S	I	N	A	L	W	A	Y	S	M	A	K	E	S	U	S	U	N	H	A	P	P	Y	.
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

# BE SAFE!



## ACROSS

1. Don't be afraid to ask for HELP when you need it!
4. No one who truly cares about you would ask you to keep a SECRET from your parents.
6. Never get close to a stranger's CAR.
7. Be a good EXAMPLE for other students by making good choices and being safe.
8. If you have to be out at NIGHT be especially cautious with cars since drivers may have difficulty seeing you. It's best to wear light colors at NIGHT.
9. Never leave your full NAME on the greeting of your voicemail.
10. Whenever you go anywhere be sure to go with an adult or a FRIEND. It's safer to not be alone.
11. If someone talks to you in ways that make you feel uncomfortable, tell them to STOP. If they don't listen, talk to your parents or another trusted adult. No one has the right to treat you disrespectfully.
12. Always report anything that seems SUSPICIOUS to your parents, teachers or some other adult in charge.

## DOWN

2. Never leave without checking with your PARENTS.
3. Trust your FEELINGS when you feel nervous or scared about a situation. Don't just go along and do something you will regret.
5. Don't join in with your friends if they do something DANGEROUS.
6. Be CONFIDENT about yourself. Your worth and dignity come from God's love for you and that will never change.

# HIDDEN MESSAGE

We all have friends and family member we love dearly. Did you know that the Bible has something to say about how we should treat these people?

Find the hidden message below by writing the letters in the spaces provided. Skip the Z's and Q's.

QLZOVQEQIZSQZPZQAQZTIQEZNTQLZQO  
 ZZVQEZIQSZKZIQQNZDQZQZZIZTQDZOZQ  
 EZSQNZZOTQEZNVZYQIZQTZDZOQZEZSQN  
 ZOQTBOQAZSZTZIQTZIQZSNZOQZTPZQR  
 ZOQUZQDQIZQTZIQSQZNZZOQTZRQZQUZD  
 QEIZQTQIZSQNZQOQTZSQEZLQFQISZZHQ  
 IQTQIZSQNZOTEZASIQ LQYZAZZNQZGQE  
 ZRQZEDZQIZZTQKZZEQEZQPQSNZZOQRQQ  
 QZEZZCQOZQZRQDZOQQFQWZRZOZNQGQS

LOVE IS PATIENT,

LOVE IS KIND.

IT DOES NOT ENVY,

IT DOES NOT BOAST,

IT IS NOT PROUD.

IT IS NOT RUDE,

IT IS NOT SELFISH,

IT IS NOT EASILY ANGERED,

IT KEEPS NO RECORD OF WRONGS.

# IT'S A LOT DEAL WITH

"Everyone's doing it..."

13 28 8 35 28

"I look so fat!"

15 6 27 36

"Come on, just one..."

7 29 32 4

"I always cheat  
on my tests, it's easy..."

1 16 24 2

"Why don't we just take them?"

30 19 3 12

"Just one hit! Come on..."

23 10 22 37 26

"Just try a couple of these pills..."

They'll make you feel so good..."

17 31 20 34 11

"I sent my boyfriend

a picture of myself wearing ..."

9 21 33 18 14 5

How can I deal with  
all these pressures?

One of the greatest gifts that God gives us is the people that He places in our lives - especially our parents. God has given your parents the task of protecting you and guiding you.

It's extremely important for you to talk to them when you are faced with situations where you feel unsafe, scared, worried, and unsure.

**DIRECTIONS:** Fill in the numbered letters to reveal the message.

**More than anyone else, they can guide you to ...**

m	a	k	e
1	2	3	4

g	o	o	d
5	6	7	8

a	n	d
9	10	11

h	e	a	l	t	h	y
12	13	14	15	16	17	18

d	e	c	i	s	i	o	n	s
19	20	21	22	23	24	25	26	27

i	n
28	29

y	o	u	r
30	31	32	33

l	i	f	e
34	35	36	37

**Talk to them!**

